

10th Licensed Open Meet  
 Under ASA Laws & ASA Technical Rules of Swimming  
 Session - 1

at  
 EVENT 1 Mens Open 200m Butterfly

09 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
	1 Spencer PRIOR	9	Colchester	3:06.05	40.01	45.75	48.62	51.67
	2 Dominic SCIFO	9	Team Ipswich	3:36.10	41.38	55.55	1:00.91	58.26

10/11 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
	1 Jake TYSON	11	Team Ipswich	2:40.89	35.36	39.56	42.43	43.54
	2 Alexander CARTER	11	Colchester	3:08.49	39.17	48.77	51.99	48.56
	3 Charlie CHURCH	11	Lstof & OB	3:10.07	40.53	49.32	50.37	49.85
	4 Jordan MANN	10	UEA Norwich	3:12.09	40.88	48.96	51.97	50.28
	5 Jim VICKERS	11	Colchester	3:15.11	39.62	48.51	53.02	53.96
	6 Matthew CALVER	10	Lstof & OB	3:16.38	42.72	50.92	55.72	47.02
	7 Matthew PARSONS	10	Colchester	3:23.52	41.48	50.77	55.29	55.98
	8 Stanley COLLINS	10	Lstof & OB	3:39.32	47.14	55.58	59.94	56.66

12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
	1 Charlie SMITH	12	Team Ipswich	2:27.23	32.74	36.64	38.29	39.56
	2 Alex SHREEVE	13	UEA Norwich	2:30.42	32.93	38.03	39.27	40.19
	3 Kilian KORTH	13	Team Ipswich	2:30.59	33.35	38.24	38.71	40.29
	4 Harry SMITH	13	UEA Norwich	2:33.99	33.71	39.33	40.82	40.13
	5 Jordan PURDY	13	St Felix Sch	2:36.69	34.38	39.03	41.38	41.90
	6 Christopher WHITEHEAD	13	Fareham N'ds	2:37.95	34.95	40.19	41.48	41.33

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
	1 Miles GARNER	14	UEA Norwich	2:12.11	30.38	34.75	33.75	33.23
	2 Jack HOLLIS	15	Team Ipswich	2:12.76	30.42	33.99	34.18	34.17
	3 Daniel SMITH	15	Lstof & OB	2:21.61	30.45	35.60	37.12	38.44
	4 George FLINTHAM	14	UEA Norwich	2:29.44	32.62	38.04	38.81	39.97
	5 Alex BLANCO	15	Chelmsford	2:36.41	32.56	37.98	42.55	43.32

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200
	1 Sean TOMLIN	16	Bo Southend	2:10.74	29.29	32.63	33.97	34.85

EVENT 2 Womens Open 200m IM

09 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
	1 Lilyella CRAW-SEAMAN	9	UEA Norwich	3:04.74	40.67	46.04	56.71	41.32
	2 Lana MO	9	St Felix Sch	3:08.58	44.27	47.24	54.98	42.09
	3 Danica BRAZIER	9	Chelmsford	3:09.26	45.92	46.84	54.58	41.92

## 10/11 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Isobel PAGE	11	UEA Norwich	2:39.57	36.17	40.14	47.14	36.12
2	Courtney SANDERS	11	Chelmsford	2:43.08	36.56	42.05	48.40	36.07
3	Katarina BLANCO	11	Chelmsford	2:45.18	36.37	41.59	50.08	37.14
4	Josie BLADES	11	St Felix Sch	2:47.23	35.70	42.23	54.06	35.24
5	Katie RUMSEY	11	St Felix Sch	2:47.35	36.33	41.68	53.07	36.27
6	Cassie EVERILL	11	Lstof & OB	2:48.71	38.54	43.87	48.16	38.14
7	Georgia KERRIDGE	11	St Felix Sch	2:48.97	38.86	42.02	50.53	37.56
8	Flora SHAUL	11	UEA Norwich	2:49.96	40.90	42.74	48.28	38.04
9	Tabita TRAXEL	11	SG Ewr Rhein	2:50.62	36.80	44.44	49.78	39.60
10	Karis ELLERBY	11	Bo Southend	2:50.94	37.21	43.78	52.01	37.94
11	Lucy ALLINGTON	11	Lstof & OB	2:53.23	39.81	43.33	49.32	40.77
12	Harri CLARKE	11	UEA Norwich	2:54.59	39.71	43.32	53.32	38.24
13	Hannah VICK	11	Kings Lynn	2:56.74	40.96	44.99	48.84	41.95
14	Philippa DAVENALL	10	Colchester	2:57.25	39.91	46.15	51.85	39.34
15	Elise BARRETT	11	UEA Norwich	2:57.27	39.91	46.13	51.77	39.46
16	Lucy SORRELL	11	UEA Norwich	2:57.39	40.46	45.71	51.92	39.30
17	Isobelle READ	10	Lstof & OB	2:58.13	40.56	45.68	51.50	40.39
18	Alexa FOSTER-CARTER	11	Bo Southend	2:58.15	40.06	46.32	53.50	38.27
19	Jennifer BEEVOR	11	St Felix Sch	2:58.56	39.39	44.65	51.80	42.72
20	Natalie FLINTHAM	11	UEA Norwich	2:58.75	41.36	44.57	52.68	40.14
21	Alaina SCIFO	11	Team Ipswich	2:59.32	39.47	42.53	57.91	39.41
22	Sophie PEACHMENT	11	Team Ipswich	3:00.23	39.67	44.57	55.28	40.71
23	Isabel POSTLE	11	Lstof & OB	3:00.35	40.72	46.53	52.71	40.39
24	Sarah BARTHELMANN	11	SG Ewr Rhein	3:02.35	41.39	47.25	54.42	39.29
25	Isobelle BERREY	10	Lstof & OB	3:02.66	44.21	46.68	51.94	39.83
26	Freya MACDONALD	11	UEA Norwich	3:03.00	42.49	44.73	56.14	39.64
27	Eleanor MCCAFFREY	10	Chelmsford	3:03.15	40.19	47.94	57.12	37.90
28	Molly REEDER	11	Newmarket	3:03.44	41.43	45.61	55.32	41.08
29	Casey WILLIS	11	St Felix Sch	3:04.18	44.50	45.20	55.70	38.78
30	Ellie STAMP	10	Chelmsford	3:05.15	45.00	47.46	53.11	39.58
31	Alice WATSON-FLOWERS	10	Lstof & OB	3:06.38	41.59	47.25	55.53	42.01
32	Sophie CONWAY	10	Team Ipswich	3:06.69	45.21	44.91	55.15	41.42
33	Alice INSULL	11	Colchester	3:07.05	39.39	45.53	59.11	43.02
34	Alice CHEVERTON	11	Lstof & OB	3:07.91	43.04	49.41	55.84	39.62
35	Beckie SCAIFE	10	UEA Norwich	3:07.95	41.35	46.21	59.42	40.97
36	Dolly TRIGG	10	Colchester	3:09.10	41.96	47.35	55.65	44.14
37	Gemma FAULKNER	10	UEA Norwich	3:09.66	41.26	45.97	58.81	43.62
38	Izzy BATEMAN	11	UEA Norwich	3:10.29	42.57	49.44	56.32	41.96
39	Sophie ALDEN	10	UEA Norwich	3:10.61	43.60	45.84	59.21	41.96
40	Hannah BACON	11	St Felix Sch	3:12.62	44.22	48.76	58.00	41.64
41	Hannah KING	11	Bo Southend	3:12.76	41.46	51.71	58.31	41.28

42	Lauren CASE	11	Lstoff & OB	3:13.61	42.90	49.45	57.40	43.86
43	Lauren HARRINGTON	11	Chelmsford	3:13.67	42.78	47.68	56.10	47.11
44	Amelia STANNARD	10	St Felix Sch	3:16.54	42.26	49.92	59.21	45.15
45	Isabel WILLIAMS	10	Team Ipswich	3:19.29	50.09	49.49	56.61	43.10
46	Rebecca HARDY	10	Lstoff & OB	3:26.81	50.39	50.45	1:01.56	44.41

#### 12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Holly BATEMAN	13	UEA Norwich	2:29.87	32.96	38.20	45.57	33.14
2	Poppy INGLESON	13	UEA Norwich	2:32.14	33.59	37.63	46.41	34.51
3	Gemma BARTLE	13	Team Ipswich	2:36.24	36.25	38.63	47.39	33.97
4	Marcella ARIS	13	UEA Norwich	2:36.37	36.31	38.46	47.54	34.06
5	Ellen OXBROW	13	Team Ipswich	2:36.96	31.80	39.23	49.32	36.61
6	Evie EDWARDS	13	Fareham N'ds	2:36.98	33.77	39.60	47.47	36.14
7	Chantel WHITING	13	St Felix Sch	2:37.10	32.48	40.88	48.42	35.32
8	Evie TAYLOR	12	Team Ipswich	2:37.50	34.31	40.37	47.85	34.97
9	Bethany CATCHPOLE	13	Team Ipswich	2:40.25	35.99	40.09	46.63	37.54
10	Issy FAULKNER	13	UEA Norwich	2:40.43	35.75	41.46	47.65	35.57
11	Ellie FAIRFOOT	13	UEA Norwich	2:41.20	35.40	42.32	48.21	35.27
12	Alexandra PERKINS	13	UEA Norwich	2:41.30	35.91	40.43	48.79	36.17
13	Emma LINES	12	Lstoff & OB	2:43.14	36.21	39.25	49.22	38.46
14	Ellie TRIPP	12	Colchester	2:44.69	37.26	41.99	46.96	38.48
15	Casey WHEELER	13	Fareham N'ds	2:44.87	37.26	40.54	52.47	34.60
16	Jasmine SELLER	13	Deben	2:45.09	36.51	42.78	48.93	36.87
17	Kelly WILLERS	12	Fareham N'ds	2:47.29	37.74	42.19	48.72	38.64
18	Rebecca WILSON	12	Deben	2:49.44	38.10	43.63	48.26	39.45
19	Eleanor TOMKINS	12	Team Ipswich	2:50.11	40.65	41.95	51.54	35.97
20	Maisie FOX	12	UEA Norwich	2:50.51	37.94	43.35	50.27	38.95
21	Kayleigh SIMS	12	Bo Southend	2:50.71	38.15	45.40	45.60	41.56
22	Danielle HALL	12	Colchester	2:51.10	38.57	43.99	50.66	37.88
23	Katharine INSULL	13	Colchester	2:51.57	39.57	43.24	50.16	38.60
24	Lucy STROWGER	13	Fareham N'ds	2:53.86	40.45	46.32	48.65	38.44
25	Megan BOYDEN	12	Colchester	2:54.04	38.11	45.56	52.49	37.88
26	Jessica WARD	13	Lstoff & OB	2:55.23	37.36	43.81	53.10	40.96
27	Evelyn THATCHER	13	Colchester	2:56.18	39.19	43.66	51.94	41.39
28	Jennifer YOUNGS	13	UEA Norwich	2:56.71	38.47	44.20	53.46	40.58
29	Lorna MACLEAN	12	Bo Southend	2:58.21	41.91	43.28	52.06	40.96

#### 14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Alice TENNANT	15	Team Ipswich	2:20.82	30.72	35.41	41.64	33.05
2	Mimi BARR	14	UEA Norwich	2:28.66	33.19	37.51	44.11	33.85
3	Laura ADAMS	15	UEA Norwich	2:33.32	34.05	38.08	46.30	34.89
4	Hannah LOTHIAN	15	Fareham N'ds	2:36.08	33.60	37.98	48.83	35.67
5	Stefanie KEILEN	15	SG Ewr Rhein	2:37.16	35.71	39.87	45.99	35.59

6	Zoe SMITH	14	Lstof & OB	2:37.18	33.79	40.54	44.76	38.09
7	Kiera MOONEY	14	UEA Norwich	2:38.53	35.42	41.04	45.54	36.53
8	Evie FISHER	14	Chelmsford	2:39.06	35.19	41.01	47.03	35.83
9	Lucy TALLENTIRE	15	Colchester	2:46.12	34.65	41.49	51.23	38.75
10	Charlotte PETERS	14	Chelmsford	2:48.21	39.08	43.28	48.65	37.20

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Fenella FOSKETT	16	Deben	2:27.89	32.86	37.65	43.32	34.06
2	Briony LOWE	16	Lstof & OB	2:33.41	33.72	40.93	44.24	34.52

EVENT 3 Mens Open 50m Breaststroke

09 Yrs Age Group

Place	Name	AaD	Club	Time
1	Casey BARRETT	9	UEA Norwich	47.79
2	Dominic SCIFO	9	Team Ipswich	48.19
3	Spencer PRIOR	9	Colchester	49.50
4	Joseph WELLS	9	Kings Lynn	53.65
5	Jack FORD	9	Chelmsford	59.58

10/11 Yrs Age Group

Place	Name	AaD	Club	Time
1	Ross DAVY	11	Chelmsford	38.51
2	Philip DOWDING-YOUNG	11	Team Ipswich	40.75
3	Jake TYSON	11	Team Ipswich	41.31
4	Jordan STAFF	11	UEA Norwich	42.02
5	Keenan STOKES	10	UEA Norwich	42.19
6	Jozef OCHWAT	11	Team Ipswich	43.60
7	Erik CESLA	11	SG Ewr Rhein	43.71
8	Oliver WARD	11	Team Ipswich	44.73
9	Cameron HARRIS	11	Team Ipswich	45.02
10	Charlie METCALF	10	Bo Southend	46.03
11	Alexander CARTER	11	Colchester	46.48
12	Charlie CHURCH	11	Lstof & OB	46.80
13	Jack PICKERING	10	Team Ipswich	47.28
14	William COOPER	10	UEA Norwich	47.38
15	Jack PICKERING	11	Chelmsford	47.52
16	Stanley COLLINS	10	Lstof & OB	47.93
17	Jordan MANN	10	UEA Norwich	48.59
18	Jack WHALE	11	Lstof & OB	48.85
19	Matthew CALVER	10	Lstof & OB	49.11
20	William STONER	10	UEA Norwich	49.50
21	John CROOKS	11	UEA Norwich	49.58
22	Nathan WELLS	10	Kings Lynn	49.81
23	Benjamin CLARK	11	Team Ipswich	49.97
24	Hugo JOHNSON	10	Bo Southend	50.04

25	Liam COMPTON	10	Team Ipswich	51.78
12/13 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Thomas SORRELL	13	UEA Norwich	37.00
2	Harry SMITH	13	UEA Norwich	37.18
3	Alexander VIPOND	13	Colchester	38.43
4	Kieran COMPTON	13	Team Ipswich	39.02
5	Jonathon SHEPPARD	13	Fareham N'ds	39.11
6	George STANNARD	12	St Felix Sch	39.38
6	James HILL	13	Fareham N'ds	39.38
8	Daniel HENDERSON	13	Gt Yarmouth	39.55
9	Dominic OLIVER	13	Lstoff & OB	40.15
10	Augustus VEASEY	12	Chelmsford	40.16
11	Robert ALAND	12	Team Ipswich	40.25
12	Jonathan ANDVIG	13	Team Ipswich	40.39
13	Alexander FARRANDS	12	St Felix Sch	41.03
14	Conor LYNCH	12	Deben	41.23
15	Connor WALSH	13	Thetford	42.09
16	Michael ANDREWS	13	Fareham N'ds	45.79
14/15 Yrs Age Group				
Place	Name	AaD	Club	Time
1	Ben KLEINAU	14	Thetford	34.17
2	Luke WALSH	15	Thetford	34.19
3	Matthew MEW	15	Fareham N'ds	34.66
4	Josh PAGE	15	UEA Norwich	35.29
5	Robert WHIGHT	15	Team Ipswich	35.82
6	Lewis FARMER	15	Lstoff & OB	36.64
7	Mitchell SMITH	15	Fareham N'ds	36.86
8	Kyle HART	15	Kings Lynn	37.07
9	Anton AUTY	14	Deben	37.43
10	Ben ROOTS	14	Chelmsford	37.69
11	George BARTLE	15	Team Ipswich	37.83
16 Yrs/Over Age Group				
Place	Name	AaD	Club	Time
1	Jamie O'DONNELL	18	Fareham N'ds	29.58
2	Nathan HENDERSON	16	Lstoff & OB	31.54
3	Stephen FISHER	17	UEA Norwich	33.34
4	Matthew NAUNTON	17	Deben	33.44
5	Simon COLLIS	19	Fareham N'ds	33.65
6	Richard FREEDMAN	22	UEA Norwich	33.82
7	Andrew SHAND	23	Fareham N'ds	34.31
8	Ben JOHNSON	16	UEA Norwich	35.40
9	Timothy TRIPP	16	Colchester	35.48

10	Simon VIPOND	16	Colchester	35.63
11	Kyle GOODALL	16	UEA Norwich	35.68
12	Dominic TERRY	16	Fareham N'ds	36.43

EVENT 4 Womens Open 100m Freestyle  
12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100
1	Holly BATEMAN	13	UEA Norwich	1:00.26	29.17	31.09
2	Poppy INGLESON	13	UEA Norwich	1:02.55	30.10	32.45
3	Gemma BARTLE	13	Team Ipswich	1:03.17	30.66	32.51
4	Evie EDWARDS	13	Fareham N'ds	1:03.23	30.63	32.60
5	Rose CROSS	13	Team Ipswich	1:03.57	30.21	33.36
6	Louise CHARLESWORTH	13	St Felix Sch	1:04.21	30.69	33.52
7	Marcella ARIS	13	UEA Norwich	1:04.32	31.05	33.27
8	Keely EMPSON	12	Kings Lynn	1:04.91	30.66	34.25
9	Casey WHEELER	13	Fareham N'ds	1:05.93	32.17	33.76
10	Jasmine SELLER	13	Deben	1:06.24	31.85	34.39
11	Evie TAYLOR	12	Team Ipswich	1:06.36	32.35	34.01
12	Eleanor MASSEY	12	Chelmsford	1:06.43	32.01	34.42
13	Alana JONES	13	Chelmsford	1:06.47	32.53	33.94
14	Ellie FAIRFOOT	13	UEA Norwich	1:06.89	31.79	35.10
15	Tasha LIZAK-NAIKAUSKAS	12	St Felix Sch	1:07.15	32.21	34.94
16	Emma STUDD	12	Deben	1:07.47	32.44	35.03
17	Alexandra PERKINS	13	UEA Norwich	1:07.60	33.00	34.60
18	Issy FAULKNER	13	UEA Norwich	1:07.67	33.71	33.96
19	Alice OAKLEY	12	UEA Norwich	1:07.94	33.06	34.88
20	Katherine SALSBURY	13	Fareham N'ds	1:08.27	32.27	36.00
21	Paige YOUNG	13	Colchester	1:08.29	33.36	34.93
22	Lucy STROWGER	13	Fareham N'ds	1:08.41	33.31	35.10
23	Kelly WILLERS	12	Fareham N'ds	1:08.47	33.20	35.27
24	Alice WARD	12	St Felix Sch	1:08.49	33.07	35.42
25	Katie COLLINS	12	Bo Southend	1:08.85	33.69	35.16
26	Eleanor TOMKINS	12	Team Ipswich	1:08.90	33.70	35.20
27	Sophie GREEN	12	Kings Lynn	1:09.28	32.43	36.85
28	Cara ROSE	13	Kings Lynn	1:09.51	32.54	36.97
28	Kelsey ELLERBY	12	Bo Southend	1:09.51	33.45	36.06
30	Ellie TRIPP	12	Colchester	1:10.03	33.75	36.28
31	Danielle HALL	12	Colchester	1:11.11	33.97	37.14
32	Beth SMITH	12	Kings Lynn	1:11.15	34.01	37.14
33	Charlotte HARTIN	13	Bo Southend	1:11.30	34.63	36.67
34	Hannah WOODS	13	Chelmsford	1:11.34	33.89	37.45
35	Jennifer YOUNGS	13	UEA Norwich	1:11.45	34.79	36.66
36	Sarah PURNELL	13	Colchester	1:11.63	34.90	36.73
37	Katharine INSULL	13	Colchester	1:11.79	34.71	37.08

38	Danielle RAYNER	12	Kings Lynn	1:11.92	34.08	37.84
39	Zoe JOHNSON	13	UEA Norwich	1:12.11	34.79	37.32
40	Bethany LODGE	13	Chelmsford	1:12.16	35.22	36.94
41	Jessica WARD	13	Lstof & OB	1:12.19	34.74	37.45
42	Ella RIDES	12	Sudbury	1:12.67	35.15	37.52
43	Jodie ALLEN	13	UEA Norwich	1:12.71	35.62	37.09
44	Katie WITTING	12	Aylsham Vikg	1:12.75	34.92	37.83
45	Marion BRYANT	13	St Felix Sch	1:13.09	34.75	38.34
46	Maisie FOX	12	UEA Norwich	1:13.25	35.09	38.16
47	Alexandra EDGE	13	Bo Southend	1:13.41	35.26	38.15
48	Daniella LYNCH	12	Team Ipswich	1:14.13	35.72	38.41
49	Bethan HANN	13	Sudbury	1:15.20	36.38	38.82
50	Bethany SWALLOW	13	Team Ipswich	1:15.53	36.50	39.03
51	Lorna MACLEAN	12	Bo Southend	1:15.82	36.25	39.57
52	Shannon OXBROW	12	Team Ipswich	1:16.60	36.18	40.42
53	Bethany BROWN	13	Kings Lynn	1:16.99	36.16	40.83
54	Catherine TWEEN	12	Deben	1:17.79	36.18	41.61

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100
1	Alice TENNANT	15	Team Ipswich	58.77	28.62	30.15
2	Rachel ANDVIG	15	Team Ipswich	58.95	28.54	30.41
3	Jasmine CROSS	15	Team Ipswich	1:01.53	29.50	32.03
4	Mimi BARR	14	UEA Norwich	1:01.79	29.90	31.89
5	Jessica HARVEY	14	Team Ipswich	1:01.92	29.38	32.54
6	Milena PUTH	15	SG Ewr Rhein	1:02.26	29.96	32.30
7	April HYAM	15	Team Ipswich	1:02.86	29.88	32.98
8	Martha FERNANDEZ-DE-HE	15	SG Ewr Rhein	1:03.25	30.34	32.91
9	Evie ADAMS	14	Deben	1:03.80	30.69	33.11
10	Gabrielle BALLS	14	Kings Lynn	1:03.97	30.44	33.53
11	Zoe SMITH	14	Lstof & OB	1:04.26	30.80	33.46
12	Eleanor NEWELL	15	Kings Lynn	1:04.47	31.45	33.02
13	Abigail MALSTER	15	Hadleigh	1:05.11	31.21	33.90
14	Nicole COOPER	14	Lstof & OB	1:05.24	31.68	33.56
15	Amy BYFORD	14	Chelmsford	1:05.83	30.93	34.90
16	Sophie DEMETRIADES	14	Team Ipswich	1:05.88	31.13	34.75
17	Lucy MACKENZIE	15	Hadleigh	1:05.92	31.43	34.49
18	Evie FISHER	14	Chelmsford	1:05.94	31.91	34.03
19	Sarah LARNER	15	Colchester	1:06.28	31.72	34.56
20	Ellen FISHER	15	Kings Lynn	1:06.43	31.94	34.49
21	Charlotte PETERS	14	Chelmsford	1:06.73	32.24	34.49
22	Katie SYKES	15	Kings Lynn	1:06.83	31.75	35.08
23	Grace SANDERSON	14	Colchester	1:06.96	32.17	34.79
24	Kiera MOONEY	14	UEA Norwich	1:07.36	32.63	34.73

25	Gemma WASS	14	Chelmsford	1:07.59	32.48	35.11
26	Rebecca DUGARD	15	Fareham N'ds	1:08.06	32.01	36.05
27	April WILLIAMS	15	Fareham N'ds	1:08.09	32.88	35.21
28	Alex WITTING	14	Aylsham Vikg	1:08.59	33.14	35.45
29	Lucy TALLENTIRE	15	Colchester	1:09.02	33.37	35.65
	Jessica THORNE	14	Aylsham Vikg	DQ	ST-	

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100
1	Fenella FOSKETT	16	Deben	1:01.51	30.15	31.36
2	Emily HAWES	17	Lstoff & OB	1:01.89	29.51	32.38
3	Riasa DOUGLAS-COLLOW	17	St Felix Sch	1:02.88	29.81	33.07
4	Briony LOWE	16	Lstoff & OB	1:02.97	30.70	32.27
5	Whitney BUCKLER	16	UEA Norwich	1:03.79	30.61	33.18
6	Emily PRIOR	17	Deben	1:04.70	31.41	33.29
7	Bronwyn CARTER	16	Colchester	1:05.90	32.37	33.53
8	Marina ESTEVE	17	St Felix Sch	1:07.00	32.50	34.50
9	Louise BUSH	17	UEA Norwich	1:07.86	32.19	35.67

EVENT 5 Mens Open 100m Backstroke

12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100
1	Kilian KORTH	13	Team Ipswich	1:06.60	32.59	34.01
2	Joshua COLEBY	12	Team Ipswich	1:08.84	33.93	34.91
3	Alex SHREEVE	13	UEA Norwich	1:09.36	33.91	35.45
4	James HILL	13	Fareham N'ds	1:10.75	34.21	36.54
5	Charlie SMITH	12	Team Ipswich	1:12.24	35.33	36.91
6	Owen FRENCH	12	Lstoff & OB	1:12.45	34.90	37.55
7	Jordan PURDY	13	St Felix Sch	1:12.71	35.94	36.77
8	Jack CHAPMAN	12	UEA Norwich	1:13.10	34.99	38.11
9	Luke HOUSE	13	UEA Norwich	1:13.40	35.75	37.65
10	Jonathon SHEPPARD	13	Fareham N'ds	1:13.58	35.57	38.01
11	Harry SMITH	13	UEA Norwich	1:13.80	36.53	37.27
12	George STANNARD	12	St Felix Sch	1:14.19	36.61	37.58
13	Louis SELLER	12	Deben	1:14.24	36.54	37.70
14	Christopher WHITEHEAD	13	Fareham N'ds	1:15.04	36.34	38.70
15	Cameron MURRAY	13	Kings Lynn	1:16.72	37.73	38.99
16	Thomas SORRELL	13	UEA Norwich	1:17.25	38.14	39.11
17	Steffan OSMAN-WIGGAN	12	Team Ipswich	1:17.47	37.21	40.26
18	Augustus VEASEY	12	Chelmsford	1:17.51	37.35	40.16
19	Harvey HOWE	12	Kings Lynn	1:17.81	37.72	40.09
20	Sonny TRIGG	13	Colchester	1:18.03	37.90	40.13
21	Damian GREEN	12	Colchester	1:20.19	39.43	40.76
22	Dominic OLIVER	13	Lstoff & OB	1:20.96	40.67	40.29
23	Alexander FARRANDS	12	St Felix Sch	1:20.99	40.58	40.41



	24	Christian FROST	12	Team Ipswich	1:21.81		39.55	42.26
	25	Hamish MUNRO-SMITH	13	St Felix Sch	1:22.64		39.96	42.68
14/15 Yrs Age Group								
Place		Name	AaD	Club	Time		50	100
	1	Samuel MUNRO	15	St Felix Sch	1:01.88		29.78	32.10
	2	Daniel SMITH	15	Lstoff & OB	1:02.66		30.79	31.87
	3	Matthew MEW	15	Fareham N'ds	1:03.20		30.36	32.84
	4	Elliot COOK	14	Team Ipswich	1:03.30		30.02	33.28
	5	Oliver COOPER	15	Lstoff & OB	1:04.64		31.60	33.04
	6	Alex MURRAY	15	Kings Lynn	1:05.54		31.82	33.72
	7	Josh PAGE	15	UEA Norwich	1:07.03		32.33	34.70
	8	Miles GARNER	14	UEA Norwich	1:07.15		33.22	33.93
	9	Ben ASHTON	14	Chelmsford	1:08.00		32.79	35.21
	10	Tom VICKERS	14	Colchester	1:08.10		32.81	35.29
	11	Nick RUDDOCK	14	Lstoff & OB	1:08.84		33.06	35.78
	12	Sean COLLIER	15	Newmarket	1:09.09		33.10	35.99
	13	Alex BLANCO	15	Chelmsford	1:09.16		34.48	34.68
	14	George BARTLE	15	Team Ipswich	1:09.57		34.39	35.18
	15	George FLINTHAM	14	UEA Norwich	1:10.16		34.32	35.84
	16	Harry MANNING	15	Fareham N'ds	1:10.40		34.71	35.69
	17	Joe HATTON	14	UEA Norwich	1:10.89		34.30	36.59
	18	Karl ROBERTS	15	Colchester	1:11.52		34.00	37.52
	19	Ryan CROUCH	14	Team Ipswich	1:11.53		34.32	37.21
	20	Mitchell SMITH	15	Fareham N'ds	1:12.26		34.54	37.72
	21	Jonathan HAWES	14	Lstoff & OB	1:13.01		35.39	37.62
	22	George PITT	14	Chelmsford	1:13.78		36.07	37.71
	23	Anton AUTY	14	Deben	1:14.77		34.83	39.94
16 Yrs/Over Age Group								
Place		Name	AaD	Club	Time		50	100
	1	Jamie O'DONNELL	18	Fareham N'ds	58.72		28.39	30.33
	2	Sean TOMLIN	16	Bo Southend	1:02.31		29.90	32.41
	3	Mark LEAMON	21	UEA Norwich	1:02.55		30.03	32.52
	4	Dale HART	17	Kings Lynn	1:03.99		31.06	32.93
	5	Stephen FISHER	17	UEA Norwich	1:04.08		31.37	32.71
	6	Timothy TRIPP	16	Colchester	1:04.95		31.79	33.16
	7	Thomas QUINTON	16	UEA Norwich	1:05.94		32.36	33.58
	8	Tom OLIVE	16	Hadleigh	1:06.50		32.62	33.88

EVENT 6 Womens Open 200m Backstroke

09 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Lilyella CRAW-SEAMAN	9	UEA Norwich	2:56.04	41.03	46.33	45.83	42.85
2	Danica BRAZIER	9	Chelmsford	3:02.65	43.19	47.97	48.30	43.19
3	Sasha DYKE	9	UEA Norwich	3:17.20	43.42	52.33	51.33	50.12

	4 Lily CHARLESWORTH	9	St Felix Sch	3:18.89	46.07	50.79	51.38	50.65
	5 Erin BENNETT	9	Lstof & OB	3:21.14	46.72	50.69	52.96	50.77
10/11 Yrs Age Group								
Place	Name	AaD	Club	Time	50	100	150	200
	1 Eliza DUFFY	11	Chelmsford	2:32.98	36.19	38.64	39.27	38.88
	2 Isobel PAGE	11	UEA Norwich	2:36.06	36.94	40.12	40.66	38.34
	3 Alaina SCIFO	11	Team Ipswich	2:39.39	37.88	41.13	40.69	39.69
	4 Courtney SANDERS	11	Chelmsford	2:40.81	39.25	40.46	41.24	39.86
	5 Katarina BLANCO	11	Chelmsford	2:41.04	37.54	42.02	42.01	39.47
	6 Josie BLADES	11	St Felix Sch	2:41.18	38.46	40.94	41.46	40.32
	7 Katie RUMSEY	11	St Felix Sch	2:42.55	38.10	41.94	41.92	40.59
	8 Cassie EVERILL	11	Lstof & OB	2:46.31	38.88	42.11	42.80	42.52
	9 Karis ELLERBY	11	Bo Southend	2:49.02	39.77	43.39	44.70	41.16
	10 Georgia KERRIDGE	11	St Felix Sch	2:49.04	40.01	43.31	43.96	41.76
	11 Freya MACDONALD	11	UEA Norwich	2:51.19	41.27	43.58	43.91	42.43
	12 Elise BARRETT	11	UEA Norwich	2:51.39	41.57	43.81	43.43	42.58
	13 Flora SHAUL	11	UEA Norwich	2:51.93	40.49	44.98	43.69	42.77
	14 Emily WOODS	10	Chelmsford	2:54.12	38.84	44.79	45.59	44.90
	15 Lucy ALLINGTON	11	Lstof & OB	2:54.22	41.46	44.35	45.79	42.62
	16 Sophie ALDEN	10	UEA Norwich	2:55.12	41.31	45.89	46.16	41.76
	17 Sophie PEACHMENT	11	Team Ipswich	2:55.82	41.68	44.39	45.96	43.79
	18 Molly REEDER	11	Newmarket	2:56.10	40.36	46.45	45.57	43.72
	19 Isobelle READ	10	Lstof & OB	2:56.47	42.26	45.21	45.55	43.45
	20 Serena ARIS	11	UEA Norwich	2:56.67	41.42	45.74	46.10	43.41
	21 Casey WILLIS	11	St Felix Sch	2:56.68	42.81	45.26	45.53	43.08
	22 Jennifer BEEVOR	11	St Felix Sch	2:57.17	42.89	45.32	45.49	43.47
	23 Natalie FLINTHAM	11	UEA Norwich	2:57.67	42.16	45.81	45.67	44.03
	24 Alice INSULL	11	Colchester	2:58.46	42.21	46.30	45.91	44.04
	25 Isobelle BERREY	10	Lstof & OB	2:59.38	43.67	46.13	45.35	44.23
	26 Eleanor MCCAFFREY	10	Chelmsford	3:00.08	41.20	45.93	46.46	46.49
	27 Lucy SORRELL	11	UEA Norwich	3:01.23	43.33	46.13	46.49	45.28
	28 Courtney SMITH	10	Team Ipswich	3:01.25	42.78	46.61	46.59	45.27
	29 Katie MALONEY	11	UEA Norwich	3:01.56	44.08	46.43	46.68	44.37
	30 Philippa DAVENALL	10	Colchester	3:02.08	43.73	46.93	47.91	43.51
	31 Dolly TRIGG	10	Colchester	3:02.22	44.00	47.51	47.04	43.67
	32 Lauren CASE	11	Lstof & OB	3:02.77	43.50	48.01		
	33 Beckie SCAIFE	10	UEA Norwich	3:03.14	42.82	47.47	48.20	44.65
	34 Ellie STAMP	10	Chelmsford	3:03.46	44.65	46.92	47.09	44.80
	35 Alexa FOSTER-CARTER	11	Bo Southend	3:04.38	43.50	47.59	47.71	45.58
	36 Medbh WILLIAMS	10	UEA Norwich	3:06.51	44.69	47.66	48.87	45.29
	37 Gemma FAULKNER	10	UEA Norwich	3:06.67	43.64	46.98	49.64	46.41
	38 Izzy BATEMAN	11	UEA Norwich	3:07.43	44.12	50.11	49.02	44.18
	39 Alice CHEVERTON	11	Lstof & OB	3:07.88	44.31	48.81	48.71	46.05

40	Mollie MILSOM	10	Sudbury	3:08.28	44.06	48.78	48.60	46.84
41	Alice WATSON-FLOWERS	10	Lstof & OB	3:09.04	44.53	48.60	48.71	47.20
42	Sophie CONWAY	10	Team Ipswich	3:11.12	45.58	49.38	48.70	47.46
43	Helena WRIGHT	11	Colchester	3:13.49	45.11	49.33	49.47	49.58
44	Isabel WILLIAMS	10	Team Ipswich	3:13.61	47.92	49.75	49.29	46.65
45	Rebecca HARDY	10	Lstof & OB	3:16.10	47.25	50.95	50.65	47.25
46	Amelia STANNARD	10	St Felix Sch	3:16.51	46.13	50.02	50.88	49.48
47	Caitlin HOUSTON	10	Team Ipswich	3:18.38	46.30	50.96	51.89	49.23
48	Samantha HARDY	11	Lstof & OB	3:19.74	46.83	51.28	52.11	49.52
49	Brittany HYAM	10	Team Ipswich	3:20.06	46.75	50.96	52.44	49.91

12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Kimberley ANASTASIOU	13	UEA Norwich	2:24.78	35.43	36.52	37.11	35.72
2	Gemma BARTLE	13	Team Ipswich	2:29.41	35.74	39.08	39.03	35.56
3	Poppy INGLESON	13	UEA Norwich	2:29.59	35.69	37.68	37.90	38.32
4	Holly BATEMAN	13	UEA Norwich	2:32.07	35.91	37.83	39.56	38.77
5	Marcella ARIS	13	UEA Norwich	2:32.14	35.98	38.52	39.31	38.33
6	Evie EDWARDS	13	Fareham N'ds	2:34.15	36.29	39.06	39.94	38.86
7	Alana JONES	13	Chelmsford	2:36.20	37.37	39.38	40.62	38.83
8	Sophie GREEN	12	Kings Lynn	2:36.40	36.31	39.76	41.06	39.27
9	Alice OAKLEY	12	UEA Norwich	2:36.43	36.45	39.56	40.39	40.03
10	Vanessa GIMMER	12	SG Ewr Rhein	2:36.58	36.84	40.27	40.13	39.34
11	Emma LINES	12	Lstof & OB	2:37.80	37.81	40.26	40.33	39.40
12	Keely EMPSON	12	Kings Lynn	2:38.23	35.10	39.97	41.72	41.44
13	Alexandra PERKINS	13	UEA Norwich	2:39.52	38.23	40.54	41.04	39.71
14	Casey WHEELER	13	Fareham N'ds	2:40.05	37.89	41.36	41.05	39.75
15	Chantel WHITING	13	St Felix Sch	2:40.33	37.67	40.99	41.83	39.84
16	Alice WARD	12	St Felix Sch	2:42.86	38.54	41.08	42.16	41.08
17	Paige YOUNG	13	Colchester	2:43.42	39.14	41.74	41.79	40.75
18	Ellie TRIPP	12	Colchester	2:44.05	39.17	42.44	42.93	39.51
19	Danielle RAYNER	12	Kings Lynn	2:44.57	37.98	41.88	43.07	41.64
20	Sarah PURNELL	13	Colchester	2:44.93	40.05	42.28	42.29	40.31
21	Katharine INSULL	13	Colchester	2:45.30	39.08	42.29	42.99	40.94
22	Bethany LODGE	13	Chelmsford	2:45.81	38.97	42.72	43.30	40.82
23	Zoe JOHNSON	13	UEA Norwich	2:47.00	39.68	43.12	43.52	40.68
24	Rebecca WILSON	12	Deben	2:48.24	41.60	43.02	43.40	40.22
25	Kelsey ELLERBY	12	Bo Southend	2:49.77	39.76	42.82	43.94	43.25
26	Evelyn THATCHER	13	Colchester	2:51.89	41.02	43.70	44.51	42.66
27	Maisie FOX	12	UEA Norwich	2:52.31	41.75	43.88	44.37	42.31
28	Jessica WARD	13	Lstof & OB	2:53.38	40.73	44.63	44.36	43.66
29	Lorna MACLEAN	12	Bo Southend	2:53.68	40.72	43.83	45.29	43.84
30	Megan BOYDEN	12	Colchester	2:54.81	41.31	44.96	45.75	42.79
31	Alexandra EDGE	13	Bo Southend	2:56.68	41.64	44.75	46.18	44.11

## 14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Mimi BARR	14	UEA Norwich	2:24.31	34.34	36.41	37.29	36.27
2	Charlotte TAYLOR	15	Team Ipswich	2:25.79	34.34	37.51	38.70	35.24
3	Eleanor NEWELL	15	Kings Lynn	2:27.80	35.47	37.36	37.79	37.18
4	Hannah LOTHIAN	15	Fareham N'ds	2:28.84	34.13	37.51	39.42	37.78
5	Laura ADAMS	15	UEA Norwich	2:33.02	36.26	38.33	39.54	38.89
6	Jessica HARVEY	14	Team Ipswich	2:34.56	36.20	39.20	40.00	39.16
7	Louise-jayne WATTS	14	Colchester	2:35.70	37.75	39.77	39.48	38.70
8	Charlotte PETERS	14	Chelmsford	2:36.22	37.28	39.83	40.15	38.96
9	Sarah LARNER	15	Colchester	2:36.62	36.42	39.15	41.10	39.95
10	Jessica THORNE	14	Aylsham Vikg	2:37.28	35.94	39.80	41.19	40.35
11	Evie ADAMS	14	Deben	2:39.95	37.91	40.71	41.13	40.20
12	Grace SANDERSON	14	Colchester	2:43.68	38.11	41.34	43.48	40.75
	Rebecca DUGARD	15	Fareham N'ds	DNF				

## 16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Natascha MUHL	17	SG Ewr Rhein	2:20.64	33.82	35.41	35.91	35.50
2	Emily HAWES	17	Lstoft & OB	2:24.29	33.62	36.22	37.15	37.30
3	Whitney BUCKLER	16	UEA Norwich	2:30.13	34.10	37.92	38.97	39.14