

10th Licensed Open Meet
 Under ASA Laws & ASA Technical Rules of Swimming
 Session - 2
 at
 EVENT 7 Womens Open 400m Freestyle
 12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
					250	300	350	400
1	Holly BATEMAN	13	UEA Norwich	4:41.49	32.06	34.56	35.08	35.78
					36.19	36.52	36.53	34.77
2	Poppy INGLESON	13	UEA Norwich	4:41.58	32.58	35.25	35.33	36.14
					35.84	36.00	36.06	34.38
3	Marcella ARIS	13	UEA Norwich	4:41.65	33.53	35.21	35.80	35.57
					35.85	36.06	36.09	33.54
4	Karla HUTCHINSON	13	Team Ipswich	4:43.50	30.87	34.07	35.99	36.92
					36.51	37.26	37.22	34.66
5	Chantel WHITING	13	St Felix Sch	4:46.06	32.29	35.40	36.40	36.76
					36.51	36.79	37.21	34.70
6	Issy FAULKNER	13	UEA Norwich	4:46.82	34.10	35.97	36.57	36.44
					36.24	36.51	36.17	34.82
7	Gemma BARTLE	13	Team Ipswich	4:47.23	32.96	36.25	37.12	37.45
					37.14	36.72	35.69	33.90
8	Evie TAYLOR	12	Team Ipswich	4:53.11	33.99	37.88	38.28	37.89
					37.29	37.47	36.81	33.50
9	Bethany CATCHPOLE	13	Team Ipswich	4:54.06	33.13	36.46	37.17	37.39
					37.37	37.47	37.26	37.81
10	Kimberley ANASTASIOU	13	UEA Norwich	4:55.61	34.47	37.52	37.53	37.33
					37.12	37.36	37.42	36.86
11	Louise CHARLESWORTH	13	St Felix Sch	4:56.48	33.03	37.79	38.31	37.91
					37.47	38.55	37.86	35.56
12	Ellie FAIRFOOT	13	UEA Norwich	4:56.84	33.84	36.86	36.69	38.03
					37.47	37.42	38.69	37.84
13	Vanessa GIMMER	12	SG Ewr Rhein	4:57.20	34.16	37.33	37.53	38.14
					37.72	37.75	38.06	36.51
14	Alexandra PERKINS	13	UEA Norwich	4:57.38	33.76	37.75	37.48	38.13
					37.34	38.14	38.31	36.47
15	Katie COLLINS	12	Bo Southend	5:04.30	35.64	38.21	39.11	39.51
					38.45	38.37	38.48	36.53
16	Alice WARD	12	St Felix Sch	5:04.64	34.69	38.22	38.88	38.73
					38.78	38.87	38.39	38.08
17	Kelsey ELLERBY	12	Bo Southend	5:05.13	34.56	37.90	38.96	39.07
					39.22	38.84	39.06	37.52

18	Tasha LIZAK-NAIKAUSKAS	12	St Felix Sch	5:05.56	34.31	38.58	39.00	40.00
					38.81	39.52	39.01	36.33
19	Alice OAKLEY	12	UEA Norwich	5:06.05	34.17	37.73	39.28	39.62
					39.44	39.52	39.42	36.87
20	Emma STUDD	12	Deben	5:07.85	34.52	38.70	39.81	39.71
					39.88	39.37	36.57	39.29
21	Emma LINES	12	Lstoft & OB	5:09.95	35.68	38.95	39.67	40.36
					38.73	39.59	38.78	38.19
22	Charlotte HARTIN	13	Bo Southend	5:12.06	36.25	38.66	39.29	39.52
					40.33	39.65	39.83	38.53
23	Megan BOYDEN	12	Colchester	5:12.10	35.74	39.25	40.24	40.18
					40.42	39.80	39.40	37.07
24	Jodie ALLEN	13	UEA Norwich	5:12.83	36.60	38.89	39.71	39.72
					40.11	39.65	39.72	38.43
25	Jennifer YOUNGS	13	UEA Norwich	5:15.24	35.90	38.91	40.15	40.58
					40.11	40.34	40.24	39.01
26	Alexandra EDGE	13	Bo Southend	5:19.12	35.66	39.60	40.64	40.40
					40.96	41.62	41.21	39.03
27	Maisie FOX	12	UEA Norwich	5:27.59	37.13	41.76	42.11	42.26
					41.62	41.62	41.00	40.09
28	Lorna MACLEAN	12	Bo Southend	5:39.11	37.67	42.28	43.34	43.71
					44.18	43.02	42.13	42.78

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
					250	300	350	400
1	Alice TENNANT	15	Team Ipswich	4:29.23	31.86	33.91	34.27	34.66
					33.72	33.96	33.93	32.92
2	Rachel ANDVIG	15	Team Ipswich	4:32.00	32.21	34.24	34.71	35.27
					34.52	34.77	34.01	32.27
3	Laura ADAMS	15	UEA Norwich	4:32.43	31.97	34.15	34.35	34.73
					34.53	34.45	34.55	33.70
4	Milena PUTH	15	SG Ewr Rhein	4:33.93	31.99	34.23	34.50	34.83
					34.77	34.55	34.90	34.16
5	Eleanor NEWELL	15	Kings Lynn	4:42.09	32.99	35.08	35.80	35.75
					35.63	36.19	35.96	34.69
6	April HYAM	15	Team Ipswich	4:45.07	33.15	34.97	35.90	36.73
					35.88	36.59	36.45	35.40
7	Stefanie KEILEN	15	SG Ewr Rhein	4:46.72	32.62	35.63	36.26	36.46
					36.45	36.93	36.70	35.67
8	Mimi BARR	14	UEA Norwich	4:47.76	32.51	35.81	36.59	36.78
					36.88	36.81	36.93	35.45
9	Martha FERNANDEZ-DE-HE	15	SG Ewr Rhein	4:50.00	32.97	35.42	36.30	36.83

					37.17	37.46	37.70	36.15
10	Jessica HARVEY	14	Team Ipswich	4:52.48	33.38	36.41	36.68	36.98
					36.92	37.43	37.75	36.93
16 Yrs/Over Age Group								
Place	Name	AaD	Club	Time	50	100	150	200
					250	300	350	400
1	Briony LOWE	16	Lstoft & OB	4:38.10	32.11	34.31	34.87	35.39
					35.25	35.36	35.58	35.23
2	Leanne BARNARD	16	Lstoft & OB	4:40.20	31.95	34.04	35.11	35.48
					36.01	36.70	36.40	34.51
EVENT 8 Mens Open 200m Freestyle								
09 Yrs Age Group								
Place	Name	AaD	Club	Time	50	100	150	200
1	Spencer PRIOR	9	Colchester	2:40.26	37.42	41.40	41.46	39.98
2	Arran FRANCIS	9	Colchester	2:40.72	36.61	41.97	42.96	39.18
3	Robert DOIG	9	Team Ipswich	2:42.56	38.95	42.52	41.37	39.72
4	Dominic SCIFO	9	Team Ipswich	2:44.07	37.07	43.36	42.95	40.69
5	Casey BARRETT	9	UEA Norwich	2:46.74	37.59	43.99	45.32	39.84
6	Jack FORD	9	Chelmsford	3:00.19	40.91	47.96	49.29	42.03
7	Owen FOX	9	UEA Norwich	3:15.69	42.97	51.68	53.21	47.83
8	Jordan CATCHPOLE	9	Lstoft & OB	3:15.79	43.78			48.58
9	Joseph WELLS	9	Kings Lynn	3:17.25	43.90	52.01	53.44	47.90
10/11 Yrs Age Group								
Place	Name	AaD	Club	Time	50	100	150	200
1	Philip DOWDING-YOUNG	11	Team Ipswich	2:17.47	31.88	34.98	36.09	34.52
2	Jake TYSON	11	Team Ipswich	2:19.75	32.55	36.47	36.52	34.21
3	Jim VICKERS	11	Colchester	2:23.00	32.18	36.39	37.89	36.54
4	Jozef OCHWAT	11	Team Ipswich	2:28.16	33.90	37.70	39.27	37.29
5	Reg LLOYD	11	Team Ipswich	2:28.92	35.06	38.89	39.09	35.88
6	Cameron SIMPSON	10	Colchester	2:29.03	34.05	38.26	39.13	37.59
7	Benjamin NEALE	11	Chelmsford	2:29.55	34.13	38.50	40.90	36.02
8	Erik CESLA	11	SG Ewr Rhein	2:30.84	35.49	39.15	39.04	37.16
9	Jordan MANN	10	UEA Norwich	2:30.98	34.95	38.54	39.43	38.06
10	Charlie CHURCH	11	Lstoft & OB	2:32.20	35.48	39.67	39.93	37.12
11	William COOPER	10	UEA Norwich	2:32.71	35.84	39.27	39.23	38.37
12	Joe COOPER	11	UEA Norwich	2:32.95	35.49	39.07	39.69	38.70
13	Keenan STOKES	10	UEA Norwich	2:33.64	36.39	39.31	39.57	38.37
14	Ashley TRENT	11	Newmarket	2:34.74	34.99	40.31	40.82	38.62
15	Jordan STAFF	11	UEA Norwich	2:36.21	35.97	40.12	41.08	39.04
16	Matthew CALVER	10	Lstoft & OB	2:36.51	36.12	41.43	40.46	38.50
17	Cameron HARRIS	11	Team Ipswich	2:36.75	35.30	39.87	41.23	40.35
18	John CROOKS	11	UEA Norwich	2:37.65	37.45	41.59	40.89	37.72

19	Jack WHALE	11	Lstof & OB	2:37.85				
20	Stanley COLLINS	10	Lstof & OB	2:38.62	37.05	41.47	41.17	38.93
21	Oliver WARD	11	Team Ipswich	2:39.25	37.42	41.18	41.19	39.46
22	Matthew PARSONS	10	Colchester	2:39.41	35.89	40.84	41.81	40.87
23	Benjamin CLARK	11	Team Ipswich	2:39.60	37.94	40.87	41.34	39.45
24	Nathan WELLS	10	Kings Lynn	2:41.58	37.23	41.98	43.09	39.28
25	Jack PICKERING	10	Team Ipswich	2:42.51	37.07	41.59	42.47	41.38
26	Reece KING	11	Lstof & OB	2:44.28	37.84	43.30	43.10	40.04
27	Charlie FULCHER	11	Deben	2:45.38	36.16	42.67	45.12	41.43
28	Jack BALDRY	11	Lstof & OB	2:46.29	37.34	42.87	44.63	41.45
29	Jack PICKERING	11	Chelmsford	2:47.61	37.97	43.16	44.06	42.42
30	Charlie METCALF	10	Bo Southend	2:48.25	39.49	43.80	44.76	40.20
31	William STONER	10	UEA Norwich	2:52.22	38.68	43.95	45.67	43.92
32	Elliot LEGG	11	Kings Lynn	3:01.26	38.94	45.28	45.96	51.08

12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Charlie SMITH	12	Team Ipswich	2:09.15	30.49	32.91	33.40	32.35
2	Kilian KORTH	13	Team Ipswich	2:09.62	29.86	33.09	33.47	33.20
3	Jordan PURDY	13	St Felix Sch	2:12.60	31.43	33.60	33.75	33.82
4	Joshua COLEBY	12	Team Ipswich	2:13.30	30.78	34.35	34.75	33.42
5	Harry SMITH	13	UEA Norwich	2:15.48	31.63	34.75	35.38	33.72
6	George STANNARD	12	St Felix Sch	2:16.32	31.92	35.03	35.44	33.93
7	James HILL	13	Fareham N'ds	2:16.66	31.97	35.44	36.35	32.90
8	Luke HOUSE	13	UEA Norwich	2:16.80	32.01	34.95	35.52	34.32
9	Robert ALAND	12	Team Ipswich	2:18.39	32.05	36.52	36.55	33.27
10	Christopher WHITEHEAD	13	Fareham N'ds	2:19.75	32.41	35.31	36.48	35.55
11	Alex SHREEVE	13	UEA Norwich	2:20.70	31.89	36.14	36.80	35.87
12	Owen FRENCH	12	Lstof & OB	2:21.76	32.15	36.23	37.96	35.42
13	Augustus VEASEY	12	Chelmsford	2:22.92	33.22	36.30	37.51	35.89
14	Dominic OLIVER	13	Lstof & OB	2:23.32	33.97	36.72	37.15	35.48
15	Cameron MURRAY	13	Kings Lynn	2:23.41	32.04	35.70	38.22	37.45
16	Sonny TRIGG	13	Colchester	2:23.49	32.37	36.48	38.15	36.49
17	Harry FULCHER	12	Deben	2:24.13	33.90	36.61	37.36	36.26
18	Jonathon SHEPPARD	13	Fareham N'ds	2:25.00	32.96	37.08	38.08	36.88
19	Steffan OSMAN-WIGGAN	12	Team Ipswich	2:25.32	33.07	36.51	38.13	37.61
20	Kieran COMPTON	13	Team Ipswich	2:25.73	33.32	37.00	38.10	37.31
21	Jack CHAPMAN	12	UEA Norwich	2:25.83	33.17	37.30	37.91	37.45
22	Thomas SORRELL	13	UEA Norwich	2:26.36	34.27	36.91	37.90	37.28
23	Louis SELLER	12	Deben	2:27.45	34.24	38.36	39.38	35.47
24	Damian GREEN	12	Colchester	2:28.47	34.71	37.85	39.05	36.86
25	Harvey HOWE	12	Kings Lynn	2:28.70	34.98	38.26	38.60	36.86
26	Alexander FARRANDS	12	St Felix Sch	2:31.17	34.83	38.69	40.18	37.47

	27 James EXTON-MARKEY	13	Lstoft & OB	2:34.46	35.62	39.27	40.42	39.15
14/15 Yrs Age Group								
Place	Name	AaD	Club	Time	50	100	150	200
	1 Samuel MUNRO	15	St Felix Sch	2:01.16	28.24	30.71	31.61	30.60
	2 Mark COLLINS	15	Kings Lynn	2:02.13	28.07	30.90	31.90	31.26
	3 Jack HOLLIS	15	Team Ipswich	2:02.34	27.95	30.48	32.03	31.88
	4 Ryan TOMKINS	14	Team Ipswich	2:03.39	29.10	31.43	31.55	31.31
	5 Lewis FARMER	15	Lstoft & OB	2:04.51	29.03	31.96	32.14	31.38
	6 Matthew MEW	15	Fareham N'ds	2:04.69	28.14	31.11	32.39	33.05
	7 Elliot COOK	14	Team Ipswich	2:05.52	29.32	31.69	32.49	32.02
	8 Oliver COOPER	15	Lstoft & OB	2:06.35	28.47	32.13	33.53	32.22
	9 Alex MURRAY	15	Kings Lynn	2:07.05	29.14	31.61	33.33	32.97
	10 Callum MCCOLGAN	15	Lstoft & OB	2:07.20	28.49	31.75	33.61	33.35
	11 Miles GARNER	14	UEA Norwich	2:07.55	29.85	32.91	32.68	32.11
	12 Alex BLANCO	15	Chelmsford	2:07.77	30.14	32.19	33.05	32.39
	13 Jake CROOK	15	Kings Lynn	2:08.46	29.97	32.52	32.93	33.04
	14 Josh PAGE	15	UEA Norwich	2:08.85	29.83	33.24	34.07	31.71
	15 George BARTLE	15	Team Ipswich	2:09.54	28.65	32.69	34.65	33.55
	16 Ryan CROUCH	14	Team Ipswich	2:11.42	29.94	33.00	34.25	34.23
	17 Nick RUDDOCK	14	Lstoft & OB	2:11.57	30.59	33.49	34.18	33.31
	18 Jonathan HAWES	14	Lstoft & OB	2:11.83	30.10	34.03	34.74	32.96
	19 George FLINTHAM	14	UEA Norwich	2:12.90	30.64	34.52	34.86	32.88
	20 Ben KLEINAU	14	Thetford	2:13.08	31.14	34.49	34.68	32.77
	21 Joe HATTON	14	UEA Norwich	2:16.00	30.45	35.22	36.94	33.39
	22 Jordan JAGO	15	Colchester	2:17.66	30.51	35.33	36.52	35.30
	23 Karl ROBERTS	15	Colchester	2:18.83	31.39	36.72	36.51	34.21
	24 Harry MANNING	15	Fareham N'ds	2:19.00	31.24	34.74	36.33	36.69
	25 Mitchell SMITH	15	Fareham N'ds	2:19.28	31.34	35.27	37.12	35.55
	26 Tom VICKERS	14	Colchester	2:20.50	31.46	37.18	37.82	34.04
16 Yrs/Over Age Group								
Place	Name	AaD	Club	Time	50	100	150	200
	1 Jamie O'DONNELL	18	Fareham N'ds	1:56.95	26.61	30.38	30.34	29.62
	2 Nicholas THOMPSON	17	UEA Norwich	1:58.93	27.67	29.98	30.68	30.60
	3 Dale HART	17	Kings Lynn	2:01.29	27.70	30.78	31.70	31.11
	4 George MORRIS	17	Bo Southend	2:02.80	28.09	31.20	32.23	31.28
	5 Sean TOMLIN	16	Bo Southend	2:04.18	28.36	31.30	31.98	32.54
	6 Stewart JEPSON	17	Fareham N'ds	2:05.19	28.64	30.70	32.34	33.51
	7 Thomas QUINTON	16	UEA Norwich	2:05.73	28.46	31.97	32.94	32.36
	8 Adam CARTER	16	Bo Southend	2:08.49	29.61	32.58	33.52	32.78
	9 Kyle GOODALL	16	UEA Norwich	2:11.62	29.67	32.98	34.78	34.19
	10 Dominic TERRY	16	Fareham N'ds	2:15.45	30.19	33.95	36.17	35.14

EVENT 9 Womens Open 200m Breaststroke

09 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Danica BRAZIER	9	Chelmsford	3:28.31	48.14	53.20	55.24	51.73
2	Lana MO	9	St Felix Sch	3:30.66	48.57	54.46	54.53	53.10
3	Lilyella CRAW-SEAMAN	9	UEA Norwich	3:42.61	51.90	58.45	57.29	54.97
4	Cerys RUSSELL	9	Deben	4:14.23	57.17	1:06.25	1:07.50	1:03.31
	Erin BENNETT	9	Lstoft & OB	DQ				

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10/11 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Flora SHAUL	11	UEA Norwich	3:03.42	41.76	47.27	47.52	46.87
2	Isobel PAGE	11	UEA Norwich	3:03.62	43.15	47.38	47.59	45.50
3	Cassie EVERILL	11	Lstoft & OB	3:05.56	41.92	47.34	48.14	48.16
4	Tabita TRAXEL	11	SG Ewr Rhein	3:09.09	42.85	48.86	49.04	48.34
5	Courtney SANDERS	11	Chelmsford	3:10.09	43.53	48.14	49.30	49.12
6	Karis ELLERBY	11	Bo Southend	3:10.95	44.96	48.56	49.61	47.82
7	Katarina BLANCO	11	Chelmsford	3:13.59	43.67	49.62	51.41	48.89
8	Lucy ALLINGTON	11	Lstoft & OB	3:14.29	43.49	49.82	50.83	50.15
9	Georgia KERRIDGE	11	St Felix Sch	3:15.65	44.56	50.77	50.57	49.75
10	Hannah VICK	11	Kings Lynn	3:17.36	45.34	52.01	51.10	48.91
11	Philippa DAVENALL	10	Colchester	3:19.70	47.05	52.31	51.64	48.70
12	Isobelle READ	10	Lstoft & OB	3:20.70	47.26	51.06	51.34	51.04
13	Jennifer BEEVOR	11	St Felix Sch	3:21.84	46.46	50.85	52.25	52.28
14	Lucy SORRELL	11	UEA Norwich	3:21.94	47.08	51.72	52.03	51.11
15	Isabel POSTLE	11	Lstoft & OB	3:22.47	47.00	52.01	52.34	51.12
16	Isobelle BERREY	10	Lstoft & OB	3:22.90	46.62	51.40	52.99	51.89
17	Medbh WILLIAMS	10	UEA Norwich	3:26.26	47.63	53.08	53.08	52.47
18	Serena ARIS	11	UEA Norwich	3:26.94	47.29	53.60	54.36	51.69
19	Amy CROSS	11	Kings Lynn	3:27.82	50.34	53.68	53.54	50.26
20	Elise BARRETT	11	UEA Norwich	3:28.04	46.86	52.68	54.45	54.05
21	Alexa FOSTER-CARTER	11	Bo Southend	3:28.32	48.93	53.19	54.25	51.95
22	Ellie STAMP	10	Chelmsford	3:29.11	50.18	53.09	53.33	52.51
23	Natalie FLINTHAM	11	UEA Norwich	3:29.22	47.78	54.46	55.33	51.65
24	Sarah BARTHELMANN	11	SG Ewr Rhein	3:29.70	48.34	53.71	56.51	51.14
25	Harri CLARKE	11	UEA Norwich	3:31.15	48.58	54.14	54.23	54.20
26	Freya MACDONALD	11	UEA Norwich	3:31.21	50.27	54.96	53.66	52.32
27	Ellyn FRIAR	11	Team Ipswich	3:31.48	48.52	55.20	54.21	53.55
28	Alice WATSON-FLOWERS	10	Lstoft & OB	3:32.02	48.50	54.23	55.45	53.84
29	Caitlin RUSSELL	11	Deben	3:33.08	48.66	54.99	54.64	54.79
30	Lauren HARRINGTON	11	Chelmsford	3:34.76	48.96	53.92	56.22	55.66
31	Sophie PEACHMENT	11	Team Ipswich	3:35.49	47.17	55.88	56.93	55.51
32	Dolly TRIGG	10	Colchester	3:35.81	50.97	55.39	55.62	53.83
33	Kate HANN	11	Sudbury	3:37.03	50.11	56.43	56.57	53.92

34	Hannah BACON	11	St Felix Sch	3:38.16	50.57	56.08	56.23	55.28
35	Isabel WILLIAMS	10	Team Ipswich	3:38.55	51.31	55.46	56.28	55.50
36	Molly REEDER	11	Newmarket	3:39.44	50.47	55.90	57.25	55.82
37	Helena WRIGHT	11	Colchester	3:39.87	50.83	55.99	57.66	55.39
38	Alice CHEVERTON	11	Lstoff & OB	3:40.46	51.29	56.82	56.21	56.14
39	Brittany HYAM	10	Team Ipswich	3:40.66	52.33	56.63	57.26	54.44
40	Sophie CONWAY	10	Team Ipswich	3:41.04	50.20	56.47	57.16	57.21
41	Beckie SCAIFE	10	UEA Norwich	3:41.36	49.79	57.12	58.18	56.27
42	Lauren CASE	11	Lstoff & OB	3:43.22	51.78	58.10	57.73	55.61
43	Hannah KING	11	Bo Southend	3:46.71	50.76	57.01	1:00.55	58.39
44	Caitlin HOUSTON	10	Team Ipswich	3:49.31	51.83	58.43	1:00.51	58.54
45	Amelia STANNARD	10	St Felix Sch	3:54.23	52.22	1:00.25	1:00.46	1:01.30

12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Kayleigh SIMS	12	Bo Southend	2:54.99	40.40	44.69	45.12	44.78
2	Hannah REEDER	13	Newmarket	2:58.93	40.54	44.92	46.46	47.01
3	Marcella ARIS	13	UEA Norwich	2:59.61	42.27	46.39	46.24	44.71
4	Rebecca WILSON	12	Deben	3:01.37	42.05	46.88	47.15	45.29
5	Jodie ALLEN	13	UEA Norwich	3:01.80	42.04	46.05	47.31	46.40
6	Charlotte HARTIN	13	Bo Southend	3:02.79	41.33	46.51	47.51	47.44
7	Chantel WHITING	13	St Felix Sch	3:03.37	41.43	47.44	47.84	46.66
8	Lucy STROWGER	13	Fareham N'ds	3:03.64	40.33	48.35	48.52	46.44
9	Ella RIDES	12	Sudbury	3:05.46	43.31	47.58	48.39	46.18
10	Cara ROSE	13	Kings Lynn	3:05.58	43.28	47.72	47.91	46.67
11	Kelly WILLERS	12	Fareham N'ds	3:08.30	43.56	47.57	48.34	48.83
12	Evelyn THATCHER	13	Colchester	3:08.73	42.47	46.89	49.62	49.75
13	Ellie FAIRFOOT	13	UEA Norwich	3:10.32	43.36	49.37	48.89	48.70
14	Paige YOUNG	13	Colchester	3:10.61	42.99	48.19	50.21	49.22
15	Alice OAKLEY	12	UEA Norwich	3:11.14	43.74	48.98	49.44	48.98
16	Katharine INSULL	13	Colchester	3:15.91	45.19	50.05	50.85	49.82
17	Brogan SIMPSON	13	Colchester	3:18.25	44.63	50.97	50.22	52.43
18	Katie WITTING	12	Aylsham Vikg	3:19.31	45.97	50.53	52.31	50.50

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Mimi BARR	14	UEA Norwich	2:52.07	38.85	43.60	45.02	44.60
2	Katie SYKES	15	Kings Lynn	2:55.40	39.13	44.17	45.04	47.06
3	Evie FISHER	14	Chelmsford	2:57.41	40.72	45.18	46.24	45.27
4	Kiera MOONEY	14	UEA Norwich	2:58.23	40.63	45.50	46.27	45.83

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200
1	Louise BUSH	17	UEA Norwich	2:52.52	37.58	43.74	45.67	45.53

EVENT 10 Mens Open 50m Backstroke

09 Yrs Age Group

Place	Name	AaD	Club	Time
1	Arran FRANCIS	9	Colchester	39.25
2	Spencer PRIOR	9	Colchester	39.32
3	Robert DOIG	9	Team Ipswich	39.60
4	Casey BARRETT	9	UEA Norwich	40.53
5	Dominic SCIFO	9	Team Ipswich	41.59
6	Joseph WELLS	9	Kings Lynn	44.83
7	Owen FOX	9	UEA Norwich	45.36
8	Jordan CATCHPOLE	9	Lstof & OB	45.40
9	Jack FORD	9	Chelmsford	46.68

10/11 Yrs Age Group

Place	Name	AaD	Club	Time
1	Philip DOWDING-YOUNG	11	Team Ipswich	34.67
2	Jake TYSON	11	Team Ipswich	35.79
3	Jordan STAFF	11	UEA Norwich	36.41
4	Benjamin NEALE	11	Chelmsford	37.13
5	Reg LLOYD	11	Team Ipswich	37.37
6	Joe COOPER	11	UEA Norwich	37.81
7	Jozef OCHWAT	11	Team Ipswich	38.01
8	Ashley TRENT	11	Newmarket	38.26
9	John CROOKS	11	UEA Norwich	38.42
10	Charlie CHURCH	11	Lstof & OB	38.52
11	Matthew CALVER	10	Lstof & OB	38.77
12	William COOPER	10	UEA Norwich	39.03
13	Hugo JOHNSON	10	Bo Southend	39.28
13	Jack PICKERING	11	Chelmsford	39.28
15	Oliver WARD	11	Team Ipswich	39.50
16	Jordan MANN	10	UEA Norwich	39.75
17	Jack WHALE	11	Lstof & OB	39.99
18	Joe PITT	11	Chelmsford	40.07
19	Cameron HARRIS	11	Team Ipswich	40.68
20	Jack BALDRY	11	Lstof & OB	40.95
21	Jack PICKERING	10	Team Ipswich	41.00
22	Philip DAVIS	10	UEA Norwich	41.03
23	Nathan WELLS	10	Kings Lynn	41.05
24	Stanley COLLINS	10	Lstof & OB	41.31
25	Elliot LEGG	11	Kings Lynn	41.43
26	Callum MOONEY	10	UEA Norwich	41.59
27	Keenan STOKES	10	UEA Norwich	41.63
28	William STONER	10	UEA Norwich	43.14
29	Benjamin CLARK	11	Team Ipswich	43.68

30	Todd LAST	11	Deben	44.03
31	Charlie METCALF	10	Bo Southend	44.73

12/13 Yrs Age Group

Place	Name	AaD	Club	Time
1	Joshua COLEBY	12	Team Ipswich	32.46
2	Kilian KORTH	13	Team Ipswich	32.69
3	James HILL	13	Fareham N'ds	33.30
4	Adam LAST	13	Deben	33.58
5	Jonathon SHEPPARD	13	Fareham N'ds	34.25
6	Charlie SMITH	12	Team Ipswich	34.29
7	Jack CHAPMAN	12	UEA Norwich	34.45
8	Robert ALAND	12	Team Ipswich	34.60
9	Jonathan ANDVIG	13	Team Ipswich	35.42
10	Christopher WHITEHEAD	13	Fareham N'ds	35.60
11	Steffan OSMAN-WIGGAN	12	Team Ipswich	35.87
12	Nick CATTON	13	St Felix Sch	35.99
13	Daniel HENDERSON	13	Gt Yarmouth	36.01
14	George STANNARD	12	St Felix Sch	36.04
15	Harvey HOWE	12	Kings Lynn	36.73
16	Augustus VEASEY	12	Chelmsford	37.00
17	John JIANG	13	Sudbury	37.47
18	Christian FROST	12	Team Ipswich	37.61
19	Thomas SORRELL	13	UEA Norwich	37.78
20	Alexander FARRANDS	12	St Felix Sch	37.81
21	Ben OLIVE	12	Hadleigh	38.08
22	Jake STAFF	13	UEA Norwich	38.24
23	Hamish MUNRO-SMITH	13	St Felix Sch	39.11
24	Conor LYNCH	12	Deben	39.14
25	Michael ANDREWS	13	Fareham N'ds	39.52
26	Troy DOUGLAS-COLLOW	12	Lstof & OB	39.65

14/15 Yrs Age Group

Place	Name	AaD	Club	Time
1	Elliot COOK	14	Team Ipswich	29.27
2	Samuel MUNRO	15	St Felix Sch	29.64
3	Matthew MEW	15	Fareham N'ds	29.66
4	Daniel SMITH	15	Lstof & OB	29.80
5	Oliver COOPER	15	Lstof & OB	30.90
6	Ben ASHTON	14	Chelmsford	30.93
7	Josh PAGE	15	UEA Norwich	31.31
8	Alex MURRAY	15	Kings Lynn	31.45
9	George BARTLE	15	Team Ipswich	32.20
10	Nick RUDDOCK	14	Lstof & OB	32.33

11	Mitchell SMITH	15	Fareham N'ds	33.33
12	Harry MANNING	15	Fareham N'ds	33.38
13	Ben ROOTS	14	Chelmsford	33.54
14	Joe HATTON	14	UEA Norwich	33.82
15	Ryan CROUCH	14	Team Ipswich	33.90
16	George PITT	14	Chelmsford	35.12

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time
1	Mark LEAMON	21	UEA Norwich	28.68
2	Richard FREEDMAN	22	UEA Norwich	29.29
3	Stephen FISHER	17	UEA Norwich	29.46
4	Nathan HENDERSON	16	Lstof & OB	29.83
5	Tom OLIVE	16	Hadleigh	31.50
6	Thomas QUINTON	16	UEA Norwich	31.57
7	Stewart JEPSON	17	Fareham N'ds	32.00
8	Simon VIPOND	16	Colchester	32.23
9	Dominic TERRY	16	Fareham N'ds	32.30

EVENT 11 Womens Open 50m Butterfly

09 Yrs Age Group

Place	Name	AaD	Club	Time
1	Lilyella CRAW-SEAMAN	9	UEA Norwich	41.15
2	Sophie BOWLER	9	St Felix Sch	41.75
3	Lana MO	9	St Felix Sch	43.26
4	Danica BRAZIER	9	Chelmsford	44.81
5	Lily CHARLESWORTH	9	St Felix Sch	48.52
6	Erin BENNETT	9	Lstof & OB	49.16
7	Shannon LAIRD-DICKENS	9	Bo Southend	57.48

10/11 Yrs Age Group

Place	Name	AaD	Club	Time
1	Josie BLADES	11	St Felix Sch	34.29
2	Courtney SANDERS	11	Chelmsford	35.46
3	Karis ELLERBY	11	Bo Southend	35.63
4	Isobel PAGE	11	UEA Norwich	35.76
5	Katie RUMSEY	11	St Felix Sch	35.88
6	Eleanor MCCAFFREY	10	Chelmsford	35.95
7	Elise BARRETT	11	UEA Norwich	37.72
8	Sophie PEACHMENT	11	Team Ipswich	37.98
9	Alaina SCIFO	11	Team Ipswich	38.14
10	Flora SHAUL	11	UEA Norwich	38.18
11	Alice CHEVERTON	11	Lstof & OB	38.50
12	Mollie MILSOM	10	Sudbury	38.56
13	Alexa FOSTER-CARTER	11	Bo Southend	38.71

14	Georgia KERRIDGE	11	St Felix Sch	38.88
15	Harri CLARKE	11	UEA Norwich	38.94
16	Isobelle READ	10	Lstof & OB	38.98
17	Caitlin RUSSELL	11	Deben	39.16
18	Alice INSULL	11	Colchester	39.22
19	Lucy SORRELL	11	UEA Norwich	39.47
20	Beckie SCAIFE	10	UEA Norwich	39.55
21	Isabel POSTLE	11	Lstof & OB	39.85
22	Natalie FLINTHAM	11	UEA Norwich	39.97
23	Gemma FAULKNER	10	UEA Norwich	40.23
24	Hannah BACON	11	St Felix Sch	40.85
25	Milly THORPE	11	Team Ipswich	40.88
26	Hannah KING	11	Bo Southend	40.98
27	Katie MALONEY	11	UEA Norwich	41.02
28	Serena ARIS	11	UEA Norwich	41.28
29	Dolly TRIGG	10	Colchester	41.35
30	Sophie ALDEN	10	UEA Norwich	41.50
31	Amelia STANNARD	10	St Felix Sch	41.55
32	Freya MACDONALD	11	UEA Norwich	41.69
33	Amelia ELDEN	10	Team Ipswich	42.43
34	Medbh WILLIAMS	10	UEA Norwich	42.64
35	Ellie STAMP	10	Chelmsford	42.67
36	Lilly PEARSON	10	Kings Lynn	42.80
37	Lauren HARRINGTON	11	Chelmsford	43.36
38	Megan CHERRY	10	Team Ipswich	43.68
39	Alice WATSON-FLOWERS	10	Lstof & OB	44.41
40	Isabel WILLIAMS	10	Team Ipswich	44.98
41	Brittany HYAM	10	Team Ipswich	45.67

12/13 Yrs Age Group

Place	Name	AaD	Club	Time
1	Ellen OXBROW	13	Team Ipswich	30.35
2	Holly BATEMAN	13	UEA Norwich	31.46
3	Chantel WHITING	13	St Felix Sch	32.17
4	Evie EDWARDS	13	Fareham N'ds	33.24
5	Louise CHARLESWORTH	13	St Felix Sch	33.27
6	Casey WHEELER	13	Fareham N'ds	33.87
7	Jasmine SELLER	13	Deben	34.09
8	Gemma BARTLE	13	Team Ipswich	34.51
9	Katherine SALSBURY	13	Fareham N'ds	34.73
10	Eleanor MASSEY	12	Chelmsford	35.01
11	Catherine TWEEN	12	Deben	36.13
12	Darcie IMBERT	12	Chelmsford	36.79

13	Danielle HALL	12	Colchester	36.88	
14	Kelly WILLERS	12	Fareham N'ds	36.91	
15	Kelsey ELLERBY	12	Bo Southend	36.93	
16	Paige YOUNG	13	Colchester	37.00	
17	Maisie FOX	12	UEA Norwich	37.17	
18	Sarah PURNELL	13	Colchester	37.23	
19	Jennifer YOUNGS	13	UEA Norwich	37.42	
20	Marion BRYANT	13	St Felix Sch	38.41	
21	Lorna MACLEAN	12	Bo Southend	39.14	
22	Eleanor TOMKINS	12	Team Ipswich	39.70	
23	Alexandra EDGE	13	Bo Southend	39.80	
24	Jodie ALLEN	13	UEA Norwich	40.45	
	Kayleigh SIMS	12	Bo Southend	DQ	SL-1L

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	
1	Alice TENNANT	15	Team Ipswich	30.17	
2	Rachel ANDVIG	15	Team Ipswich	32.13	
3	Katie SYKES	15	Kings Lynn	32.63	
4	Lucy TALLENTIRE	15	Colchester	33.08	
5	Sophie DEMETRIADES	14	Team Ipswich	33.73	
6	Lucy MACKENZIE	15	Hadleigh	33.78	
7	Kiera MOONEY	14	UEA Norwich	33.88	
8	Abigail MALSTER	15	Hadleigh	34.06	
9	Emma BOWERS	15	Kings Lynn	34.07	
10	Amy BYFORD	14	Chelmsford	34.46	

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	
1	Emily PRIOR	17	Deben	32.60	
2	Riasa DOUGLAS-COLLOW	17	St Felix Sch	32.76	
3	Natascha MUHL	17	SG Ewr Rhein	33.53	

EVENT 12 Mens Open 100m Butterfly

12/13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100
1	Charlie SMITH	12	Team Ipswich	1:09.16	32.73	36.43
2	Alex SHREEVE	13	UEA Norwich	1:10.18	32.97	37.21
3	Harry SMITH	13	UEA Norwich	1:12.05	34.17	37.88
4	Luke HOUSE	13	UEA Norwich	1:12.95	34.19	38.76
5	Alexander VIPOND	13	Colchester	1:13.31	34.99	38.32
6	Jordan PURDY	13	St Felix Sch	1:13.82	35.09	38.73
7	Christopher WHITEHEAD	13	Fareham N'ds	1:14.24	34.85	39.39
8	Jack CHAPMAN	12	UEA Norwich	1:15.42	35.10	40.32
9	Cameron MURRAY	13	Kings Lynn	1:15.59	34.16	41.43

10	Sonny TRIGG	13	Colchester	1:16.39	35.79	40.60
11	Owen FRENCH	12	Lstoft & OB	1:16.58	35.40	41.18
12	Nick CATTON	13	St Felix Sch	1:17.26	36.13	41.13
13	Connor WALSH	13	Thetford	1:19.99	36.42	43.57
14	Harry FULCHER	12	Deben	1:20.22	37.51	42.71
15	Thomas SORRELL	13	UEA Norwich	1:21.09	37.70	43.39
16	Dominic OLIVER	13	Lstoft & OB	1:23.14	39.34	43.80
17	Jacob MARSHALL-GRINT	13	Kings Lynn	1:23.22	38.44	44.78
18	James EXTON-MARKEY	13	Lstoft & OB	1:23.67	38.71	44.96
19	Louis SELLER	12	Deben	1:24.73	39.86	44.87

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100
1	Jack HOLLIS	15	Team Ipswich	1:01.82	29.08	32.74
2	Luke WALSH	15	Thetford	1:04.69	29.88	34.81
3	Lewis FARMER	15	Lstoft & OB	1:04.92	30.36	34.56
4	Miles GARNER	14	UEA Norwich	1:05.32	30.53	34.79
5	Daniel SMITH	15	Lstoft & OB	1:06.57	30.84	35.73
6	Ben ROOTS	14	Chelmsford	1:06.61	31.17	35.44
7	Sean COLLIER	15	Newmarket	1:06.64	30.13	36.51
8	Robert WHIGHT	15	Team Ipswich	1:06.82	30.83	35.99
9	Ben KLEINAU	14	Thetford	1:08.22	32.17	36.05
10	Jonathan LINES	14	Chelmsford	1:08.23	31.35	36.88
11	Jonathan HAWES	14	Lstoft & OB	1:08.42	31.96	36.46
12	George FLINTHAM	14	UEA Norwich	1:08.79	32.54	36.25
13	Jake CROOK	15	Kings Lynn	1:10.10	31.81	38.29
14	Jordan JAGO	15	Colchester	1:10.53	32.84	37.69
15	Alex BLANCO	15	Chelmsford	1:10.69	33.03	37.66
16	Tom VICKERS	14	Colchester	1:10.94	32.37	38.57
17	Craig COLLIER	14	Newmarket	1:14.70	33.85	40.85
18	Joe HATTON	14	UEA Norwich	1:14.93	33.83	41.10
19	Mitchell SMITH	15	Fareham N'ds	1:17.62	35.40	42.22

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100
1	Jamie O'DONNELL	18	Fareham N'ds	57.64	26.51	31.13
2	Sean TOMLIN	16	Bo Southend	1:01.24	28.80	32.44
3	Mark LEAMON	21	UEA Norwich	1:02.13	29.00	33.13
4	Tom OLIVE	16	Hadleigh	1:07.04	31.68	35.36
5	George MORRIS	17	Bo Southend	1:07.14	30.46	36.68
6	Jack ASHTON	17	Chelmsford	1:07.85	31.01	36.84
7	Dominic TERRY	16	Fareham N'ds	1:08.00	31.44	36.56
8	Ben JOHNSON	16	UEA Norwich	1:10.13	31.89	38.24