

Sessions 9 & 10 2015

Round Up of Results: 78 Swims, 55 Long Course PB's (70%), DNS 1, DQ's Nil. There were also 7 swims faster than Short Course PB's. Special mention to our finalists; Jess Davies 2, Dan Cameron, Seb Williams and John Molyneaux. Also to Jess and Jo although making the final of the 200m Back elected not to swim. Jo's time of 2.26.14 was faster than her European Record and also less than .5 Sec shy of the world masters record. The relay teams also swam well. A great day for the coach, an enjoyable day for the coach, Keep Me Happy - More of the same tomorrow.

100m Freestyle	Entry Time	LC PB	Time	PB	Place
Dan Alberts	55.94	57.30	57.44		28th
Michael Andrews	59.36	1.02.24	1.00.82	*	71st
Dan Cameron	55.71	55.95			DNS
Chris Finch	53.75	57.22	55.43	*	11th
Joshua Lees	1.00.24	1.03.33	1.01.76	*	81st
Clive Marquis	57.18	59.49	58.62	*	42nd
Arthur Morley	1.06.95	1.08.37	1.07.49	*	106th
Matthew Riley	1.01.04	1.03.70	59.80	**	61st
Dan Ross	1.01.56	1.12.80	1.02.68	*	93rd
Sebastian Williams	54.94	56.72	55.95	*	17th
200m Freestyle					
Jess Davies	2.11.74	2.15.56	2.15.45	*	23rd
Beatrice Hollands	2.25.14	2.41.55	2.29.72	*	68th
Alicia Judd	2.17.14	2.27.31	2.26.09		57th
Rachel Matthews	2.24.98	2.55.70	2.25.89	*	53rd
Alice Moyse	2.23.14	2.23.14 SC	2.31.11	*	69th
50m Breaststroke					
Joshua Lees	34.07	36.13	35.76	*	15th
100m Breaststroke					
Rachel Matthews	1.25.67	1.28.26	1.29.90		34th
Alice Moyse	1.23.84	1.29.97	1.28.46	*	30th
100m Backstroke					
Dan Alberts	1.00.09	1.05.87	1.03.60	*	14th
Michael Andrews	1.06.51	1.11.67	1.10.15	*	41st
Dan Cameron	1.00.10	1.01.17	1.02.92		10th
Chris Finch	1.00.81	1.03.24	1.02.64	*	9th
Joshua Lees	1.08.84	1.08.84 SC	1.10.71	*	45th
John Molyneaux	59.05	59.47	1.02.02		6th
John Molyneaux (Final)	1.02.02	59.47	1.01.36		4th
Arthur Morley	1.22.31	1.26.54	1.22.05	**	55th
Matthew Riley	1.08.84	1.17.97	1.10.05	*	40th
50m Backstroke					
Harriet Brocklebank	34.23	39.42	36.34	*	44th
Jess Davies	30.95	31.90	32.25		4th
Jess Davies (Final)	32.25	31.90	31.60	*	4th
Beatrice Hollands	35.09	40.46	36.52	*	45th
Lucy Moyse	34.25	36.06	35.38	*	33rd
Sophie Hutin	34.70	35.83	35.67	*	36th
200m Butterfly					
Dan Cameron	2.15.64	2.24.55	2.30.19		11th
200m Individual Medley					
Sophie Hutin	2.45.70	2.54.58	2.51.90	*	59th
Alicia Judd	2.40.97	2.45.70	2.47.43		43rd
Rachel Matthews	2.47.34	2.47.34SC	2.51.16	*	58th
Alice Moyse	2.47.46	2.50.76	2.49.85	*	53rd
400m Freestyle					
Dan Alberts	4.23.59	4.33.03	4.28.56	*	11th
Michael Andrews	4.41.81	4.59.17	4.52.56	*	44th
Chris Finch	4.11.60	4.28.82	4.23.18	*	7th
Clive Marquis	4.44.36	4.44.36SC	4.41.93	**	28th
Arthur Morley	5.12.79	5.15.98	5.04.82	**	52nd
Matthew Riley	4.44.74	4.42.89 SC	4.43.92	*	31st
Dan Ross	4.45.48	4.45.48 SC	4.58.71	*	49th

50m Freestyle					
Jess Davies	27.59	28.28	28.53		6th
Jess Davies (Final)	28.53	28.28	28.60		5th
Alicia Judd	29.57	29.94	30.43		58th
Lucy Moyse	30.03	30.55	30.21	*	52nd
200m Breaststroke					
Joshua Lees	2.45.25	2.53.64	2.57.43		18th
200m Backstroke					
Jess Davies	2.22.25	2.26.17	2.25.87	*	7th
Jo Corben	2.23.74	2.27.86	2.26.14	*	8th
Beatrice Hollands	2.40.83	2.40.83	2.45.53	*	38th
200m Backstroke	Entry Time	LC PB	Time	PB	Place
Sophie Hutin	2.39.76	2.44.12	2.47.16		42nd
50m Butterfly					
Michael Andrews	30.20	31.25	30.90	*	52nd
Dan Cameron	26.95	27.07	27.23		6th
Dan Cameron (Final)	27.23	27.07	26.88	*	5th
Chris Finch	28.04	28.52	28.16	*	16th
Joshua Lees	31.34	31.34SC	30.92	*	53rd
Sebastian Williams	27.31	27.69	27.34	*	7th
Sebastian Williams	27.34	27.69	27.94		8th
4 x 100 F/C Relay C Team			4.11.11		17th
Oliver Burton			1.04.19	*	
Dan Ross			1.03.49		
Joshua Lees			1.00.87	*	
Aiden Phillips			1.02.56	**	
4 x 100 F/C Relay B Team			3.56.15		13th
Dan Cameron			57.32		
Michael Andrews			59.54	*	
Clive Marquis			58.47	*	
Matthew Riley			1.00.82		
4 x 100 F/C Relay A Team			3.42.42		
Sebastian Williams			56.45		4th
Chris Finch			55.21	*	
Dan Alberts			57.97		
Jamie O'Donnell			52.75	*	
4 x 100 F/C Masters Team			4.30.96		14th
Noemie Peignon			1.05.74	*	
Claire Tagg			1.14.93	*	
Joanna Corben			1.06.04	*	
Laura Molyneaux			1.04.29	*	