

FNSC Club Notices WB 6th February 2017

Amended Training

Friday 10th February

- Top & Age = 0600-0730 @Holly Hill Leisure Centre (Combined Session - Age moved from WHP)
- County Youth & Age Qualifiers - Weekend 3 = 1830-1930 @Holly Hill Leisure Centre
- Others from Top, Age, Skills & Junior Club = 1930-2100 @Fareham Leisure Centre
- Masters & Senior Club = 1930-2100 @Holly Hill Leisure Centre

Saturday 11th February

- 0645-0745 @West Hill Park, Skills Squad (Amended Time due to the later finish on Friday night the AM session has been shortened)

Sunday 12th February

- 1730-1900 @West Hill Park, Masters, and Senior Club Squad session moved to combine with Top and Age Squad @ HHLC (see below)
- 1815-2000 @Holly Hill Leisure Centre, Top, Age, Masters, and Senior Club Squad (moved from Mountbatten / Masters and Senior Club Squad moved from WHP)

[All Timetables here](#) (FNSC Website / Training / Weekly Schedule)

Team Unify

IMPORTANT NOTICE: As of Next week, email notifications will be sent out via Team Unify (including these weekly notices) in order to receive communications from the club you must have the correct email address logged on the system as well as validated.

This System is growing by the week, all county results for weekends 1 & 2 are now available, please be patience while historic meets/results are transferred from our old system as this takes a lot of time with hundreds of meets and millions of times to process. All squad registers are also being kept here too so you can track your training attendance easily. We are also aware of an issue when using the standard times to check Personal best times against SER qualifying times where the age up date is incorrect, bare with us while we await TU to fix this.

[Team Unify Link \(available on club website home page\)](https://uk.teamunify.com/reczzfn) <https://uk.teamunify.com/reczzfn>

Club Captains 2017

As announced a couple of weeks ago Beatrice Hollands and Michael Andrews were appointed club captains for 2017. To find out a little more about your captains please see introduction below. It was fantastic to see them both attending last weekends County Championships offering our younger swimmers support and advice, thank you to both Bea and Mike for this. Hopefully over the coming months all will get to know them both a little better.

[Club Captains Intro Here](#) (FNSC Website / Information / Club Captains)

Hampshire County Championships 2017 (28/29th Jan + 4/5th Feb + 11/12th Feb)

The great start from Weekend 1 continued into Weekend 2 where our age group swimmers really stepped up to the plate making me one very very proud head coach.

The progress made by our Age swimmers alone is superb. In 3 years we've gone from 9 age qualifiers in approx. 40 events to now having 22, in some 120 events. The number of swimmers making top 8, and finals has increased, we also have more swimmers winning medals.

One of the key areas of improvement is from our Skills squad, where previously we used to have 1 swimmer at counties each year, to this year where we had 5 qualifiers. A lot of this credit has to go to Stewart and his work with this group. Hopefully we will continue this progress with even more swimmer next year as well as many of this years swimmers progressing on to South East Regions later in the year... but for now let's enjoy the success of the swimmers this weekend. Well done to all!

Current medal standing:

- Charlie Holyer
- Girls 10-12 4x50 FC Relay Team (Amelia Boyes, Emily Blake, Maddie Smith, Ellen Jewell)
- Men's Open 4x200 FC Relay Team (Dan Alberts, Clive Marquis, Matt Sullivan, Chris Finch)
- Joe Davies
- Matt Sullivan
- Amelia Boyes
- Ryan Ireland

Best of luck to our Youth & Open swimmers (15yrs & Over) for this weekends Championships, lets finish off this years championships with a bang!

[FNSC Results Here](#)

<https://www.swimmeets.org/res/index.php?id=791&show=club&club=FANS>

[Full Results Here](#)

<https://www.swimmeets.org/calendar/showevent.php?id=791>

[Relay Team Selection & Session Times Here](#) (updated 7th Feb)

Galas

We have a couple of galas coming up soon for which team selection will be issued shortly so please keep an eye out as the turn around time on these will be a little tight.

- Fun Gala - Hosted by PNSC - Saturday 25th February (LTS/Academy)
- Gemini Trophy - Saturday 4th March

Competition Entry

Several meets have been uploaded to the club website and are now open for entry, as always should you need any help or advice on meet/event selection please speak with your coach:

- Rushmoor Royals Spring Meet (Distance Only) *11th March*
CLOSING DATE FRIDAY 10TH FEBRUARY
- Forest of Bere Regional Chaser Open Meet *18th & 19th March*
- Swim Bournemouth Spring Short Course Open Meet *8th & 9th April*
- Portsmouth Northsea 90th Birthday Easter Celebration Meet *13th to 16th April*

I can confirm that Littlehampton Easter Open Meet (Sunday 9th April 2017) is now a confirmed fixture in the competition Calendar - entry detail to follow in due course.

[All Meet Entry Info](#) ([FNCS Website / Competitions / Competition Entry](#))

[Competition Calendar](#) ([FNCS Website / Competitions / Calendar](#)) (revised 7th February)

Increase in Open Meet 'Admin' fee

You may notice that the new meets that have gone up on the Competition page have now an Admin fee of £3. This fee is used to pay for Coach passes and coach expenses for the day as well as administration costs of entering a meet. The cost of a poolside pass has been going up over the last few years and the £1 charge was no longer close to covering even this part of the cost. The committee looked at a number of options for covering these costs and have decided, for now, to increase the fee to £3. Entry to meets where a coach will not be attending will remain at £1. If you have any questions on this please email Emma - emma@rowsell.me.uk

Kind Regards,



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