

FNSC Club Notices WB 19th December 2016

Dear All,

Please find below the club notices for the week beginning Monday the 19th December. We will now be posting these on the club website (where all information can be found) as well as the clubs private Facebook page.

As this is the last set of notices for 2017 may I take the opportunity to wish all of you and your families a wonderful Christmas and all the best for 2017. Please be aware that between Christmas and New Year emails will be on shut down as even the coaches (and committee) need a few days break.

Farewell to Rob

As you will know this is Rob's final week before he heads off on his travels for the next 4 months. I would like to say a massive thank you to Rob for his work back with Nomads where he has made a noticeable impact and contribution toward the development of the swimmer. He will be very much missed over the next few months but we look forward to his return in early May. Safe travels and keep us up to date with lots of photos.

Amended Training

Christmas & New Year Timetable now in operation up to and including Monday 2nd January. Normal Timetable comes back in to operation from Tuesday 3rd January.

[All Timetables here](http://fnscl.wikidot.com/training:weekly-schedule) <http://fnscl.wikidot.com/training:weekly-schedule>

Learn to Swim

All Parents/Swimmers should now have received notification as to any group movements as a result of assessments during the Autumn Term. Any questions please email Janet

(learn2swim@farehamnomads.co.uk)

Any outstanding report slips will be available for collection in the new term.

First lessons back will be Friday 6th January 2017.

Club Captains 2017

Thank you to those who have applied for the positions of Men's and Women's Club Captains - We hope to announce these in the new year.

H&W Joint Distance Meet (Saturday 17th December)

Well done to those who competed ... 1 County qualifying time and 2 new base times swum, as well as 2 improved base times.

[Full Results Here](http://fnscl.wikidot.com/competitions:results-open-meets) <http://fnscl.wikidot.com/competitions:results-open-meets>

FNSC Club Time Trials (Monday 19th December) - Stage 7, Academy, Sharks, Skills, Age & Top

Well done to all who took part. This is a great compliment to the training programme and allows all to race in the events that are the foundation of your training programme. Again without an army of volunteers to run the time trials and officiate we simply could not run these let alone have the added bonus of them being licensed so a massive thank you to all who helped.

[Full Results Here](http://fnsc.wikidot.com/competitions:results-time-trials) <http://fnsc.wikidot.com/competitions:results-time-trials>

FNSC Last Chance Meet (Saturday 7th January)

All entries have been accepted for this meet.

[Full Details Here](http://fnsc.wikidot.com/competitions:competitions-entering) <http://fnsc.wikidot.com/competitions:competitions-entering>

Littlehampton Splash Into 2017 Open Meet

Provisional Entries are available to view. Please check these carefully - any issues please contact Fiona (farehamnomads@yahoo.co.uk)

[Full Details Here](http://fnsc.wikidot.com/competitions:competitions-entering) <http://fnsc.wikidot.com/competitions:competitions-entering>

(including provisional entry list)

Hampshire County Championships 2017 (28/29th Jan + 4/5th Feb + 11/12th Feb)

All entries should now have been handed or emailed to Barry or Emma by the deadline of Monday 19th December. Any additional entries or entry time changes over the following few weeks MUST be emailed to Barry no later than 6pm on Sunday 8th January (Note - money payable after entries are accepted).

Please speak with squad coach for any further advice on entries.

[Full Details here](http://fnsc.wikidot.com/competitions:competitions-entering) <http://fnsc.wikidot.com/competitions:competitions-entering>

FNSC Valentines Meet (Sunday 19th February)

All information is now available on the website for this meet. Please note this is the target meet for all those non-county qualifiers and should be entered by all those in competitive squads (Sharks, Skills, Age & Top). It is of course open to all squads (and Academy); those who have qualified for counties should target their weaker events. Closing date is Monday 9th January 2017 with all entries to be handed or emailed to Barry (bjewell@sky.com) or Emma (emma@rowsell.me.uk)

Please speak with squad coach for further advice.

[Full Details here](http://fnsc.wikidot.com/competitions:competitions-entering) <http://fnsc.wikidot.com/competitions:competitions-entering>

Kind Regards,



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