

## Training Update

**WHP** closed in early December for essential pool maintenance. News from the school is promising and the work is going well. Assuming no problems (fingers crossed) the pool will be back in action at the beginning of January. Please look out for details regarding training in the New Year.

There is a new timetable out in January with a reorganisation of the Squads. Top Squad is now the premium squad, followed by Age, Skills, Sharks and Swim Clinic. There are some changes in swimming times for the Squads, so please check your new schedule. In addition, some Standing Orders are changing due to altered training time, so please **change yours NOW**, ready for January.

Stewart Crowe, Head Coach, is away for a month in January, off down under to New Zealand. His sessions will be covered by the other coaches, with the addition of John Molyneaux. John is joining the Coaching team from January as Assistant Coach, and will be working with Stewart and Claire in the senior Squads.

More details in the January newsletter.

The Small Pool said goodbye to Hazel at the end of November, who is now recovering well after her operation. Her post has been covered so far by 2 of our young Coaches, Chloe Williams and Charlotte Cameron, who have been given a probationary period, overseen by Julie Loosemore. They have proved their ability & shown their skills in teaching swimming, so will be continuing for the next two months, with a view to both being permanently appointed. Again more updates in January.

Training in the Small Pool returns on January 6<sup>th</sup>. The Main Pool Squads have a reduced timetable over the two week Christmas period. Details on the Website.

## Forth Coming Events

**FNSC January Meet** – now closed to new entries. Held at Waterlooville on January 26<sup>th</sup>.

**Southampton Open Meet** – Entries closed. Last chance for County Times on February 9<sup>th</sup>.

**Hampshire County Championship** – See website for times. Closing date February 10<sup>th</sup>.

There is also the relay competition for this event where the Club will put in hopefully more than one team for each age group. Please watch the noticeboard.

## Recent Competitions

The **Peter Bull Meet** at the end of November was well attended with around 30 swimmers. We came home with the Top Club award. We had 26 swimmers finishing in the top 15 of their age group with Sam Cooper winning the 14yr boy award. Well done to all who took part

Fareham Nomads competed in the 3<sup>rd</sup> and final round of the **Arena League** on Saturday 14<sup>th</sup> December, knowing that to retain their position in Division 1 West, after last year's promotion, the whole team had to perform to their best. At the mid-way point of the gala, a run of 4 wins saw the Fareham Team in 2<sup>nd</sup> place. The end of the evening saw the club secure a very credible 3<sup>rd</sup> place behind Chesham, Tilehurst and more importantly ahead of Eastleigh, Farnham and Hart. Full reports on the website.

**A Happy Christmas to All from the Committee of Nomads and Good  
Wishes for the New Year**