

Head Coaches Report

Nomads has a new Development coach- Georgia Smith

Georgia comes with a wealth of experience, having just completed a 2 year apprenticeship with Portsmouth Northsea. She is also very well qualified with a level 3 coaching qualification, plus a level 3 NVQ coaching qualification. I know we will all make Georgia very welcome.

Congratulations to our new Senior Captains - Michael Gill and Lara-May Barnett

Committee News

Please see the Website for the Liaison Officer for your Squad. Any queries or issues these are the people to contact. Anything you would like brought up at the Committee Meeting then please see your Liaison Officer. Meeting Minutes are available on the website.

Rother League Round 3

Nomads went off to Horsham on Saturday 15 September to compete in the Rother League Round 3. The previous two rounds had taken place at the end of last season both in Guildford.

An amazing effort from the team on the night allowed us to win second place over all in our league 2012. We were beaten by Guildford. A lot of wins and PBs from our swimmers. Not a bad start to the season 3 weeks in. Great work everyone.

Please make sure that you have filled out a New Membership form with your up-to-date contact and medical details. This is for ALL swimmers.

Forms can be collected from the Friday desk, from your Coach or downloaded from the website.

Hand your forms back to your Squad Liaison, Coach or to the Friday Desk.

Forthcoming Events

Club Championships starting Friday
28th September at FLC

Arena League Round 1 13th October

James Moreno Open Meet 21st
October at The Quays

Membership fees should have been paid by now. Please pay at the Friday night desk.

Main pool £49.00 Small pool £24.50

There is a £5 sibling discount.

Monthly fees have also increased as of September.

Please check you have changed YOUR standing order. Details are on the website.

fncs.wikidot.com